

17 Days Tilicho Lake Trek

TRIP OVERVIEW



Trip profile
17 Day Tilicho Lake Trek



Cost
USD 2530



Type
Trekking



Trek Days
17 Days



Accommodation
3 star hotel in Kathmandu and Teahouse during trek



Meal
All meals (breakfast, lunch, dinner) included

What's included ?

- 4-star or equivalent hotel accommodation in Kathmandu and Pokhara
- All ground transportation on a comfortable private vehicle as per the itinerary
- All internal flights and domestic hotel/airport transfers
- All meals (breakfast, lunch and dinner) during the trek
- All necessary paperwork and trekking permits (National Park Permit, TIMS)
- Domestic flights (as per the itinerary)
- Down jacket, sleeping bag(to be returned after the trek use) Free T-shirt
- English-speaking, trained and experienced guide
- Experienced English speaking tour guide
- Medical kit (carried by your guide)
- OPEN & CHOICE: All meals(B,L,D) on trek including tea & coffee
- Porter service (2 trekkers: 1 porter)
- Sightseeing in Kathmandu Based on your picks (Any 4), with entrance fees by private vehicle
- Signature Accommodations-Best Available in the mountains
- Staff costs including their salary, insurance, equipment, domestic airfare, food and accommodation
- Welcome and farewell dinner at finest local restaurant

What's excluded ?

- Any other expenses or charges that are not mentioned in "cost includes" list.
- Excess baggage charges (if you have more than 15 kg luggage, cargo charge is around \$1.5 per kg)

- International airfare to and from Kathmandu
- Personal expenses (phone calls, laundry, bar bills, battery recharge, extra porters, bottle or boiled water, shower, etc.)
- Tipping to staffs (as an appreciation)
- Travel and rescue insurance
- Visa (to ease you with acquiring visa, please visit our blog get2nepal.com for more details)

Day 1: Arrival in Kathmandu

We are delighted to provide an airport pickup service as an innovative customer offering, so our chauffeur will assist you with baggage & escort you to your Hotel. He will also help you with the check-in. Later in the evening, we will be hosting a welcome dinner

Highlights: Music, Cultural dance, the lively Thamel, one-stop shop for backpackers, clubs & pubs, an array of restaurants.

Accommodation: Kathmandu 4 star hotel.

Elevation: 1,400 metres

Day 2: Kathmandu: Sightseeing and Trek Preparation

Highlights: Any 4 World Heritage sites

Pashupatinath, Boudhanath Stupa, Swayambhunath and Patan Durbar Square, Bhaktapur Durbar Square, Basantapur Durbar Square

Accommodation: 4-star Hotel

Day 3: Drive to Chamje

Hours of Driving: 6-7

Elevation: 1,410m

Difficulty: Easy

Accommodation: Basic Teahouse

Topography: river banks paths, narrow trail, short steep ascent

Highlights: Marsyangdi river, long suspension bridges, gorgeous Manaslu range, rice terraces, waterfalls, small village settlements, hot springs

Meals Provided: Breakfast, Lunch, Dinner

Day 4: Trek from Chamje to Dharapani

Walking Hours: 5-6

Elevation: 1,960m

Difficulty: Moderate

Accommodation: Basic Teahouse

Topography: forested lands, farming lands, gradual uphill climb

Highlights: waterfalls, mixed culture, Marshyangdi River, approaching views of Annapurna

Meals Provided: Breakfast, Lunch, Dinner

Day 5: Trek from Dharapani to Chame

Walking Hours: 6

Elevation: 2,710m

Difficulty: Moderate

Accommodation: Basic Teahouse

Topography: steep ascends, landslide spots, forested ridges

Highlights: Hot spring, Chame village, local hospitality

views -Lamjung Himal, Annapurna II, and Annapurna IV (7,525m).

Meals Provided: Breakfast, Lunch, Dinner

Day 6: Trek from Chame to Pisang (3,300m)

Walking Hours: 6

Elevation: 3,300m

Difficulty: Moderate/strenuous

Accommodation: Basic Teahouse

Topography: up and down trails, river crossings, quiet village paths, steep narrow valley paths

Highlights: Paungda Danda rock face, gorgeous landscapes

Views-Annapurna II, Pisang peak

Meals Provided: Breakfast, Lunch, Dinner

Day 7: Trek to Manang

Walking Hours: 6-7

Elevation: 3,540m

Difficulty: Moderate/strenuous

Accommodation: Basic Teahouse

Topography: narrow gorge, steep slopes, Forested paths, riverbank trails.

Highlights: U – shaped Manang Valley, waterfall, river valley, Pisang Peak, Lamjung Himal and Annapurna II.

Meals Provided: Breakfast, Lunch, Dinner

Day 8: Trek to Khangsar

Walking Hours: 3

Elevation: 3745m

Difficulty: Moderate/strenuous

Accommodation: Basic Teahouse

Topography: narrow gorge, river crossings, rocky trail,

Highlights: Khangsar village, Tore monastery, Khangsar River, old culture

Meals Provided: Breakfast, Lunch, Dinner

Day 9: Trek to Tilicho Base Camp

Walking Hours: 5-6

Elevation: 4140m

Difficulty: Difficult

Accommodation: camping

Topography: uphill climb, grasslands, steep inclines

Highlights: Tilicho base camp, stunning views of valley, Tilicho peak, mountain views

Meals Provided: Breakfast, Lunch, Dinner

Day 10: Visit Tilicho Lake & trek back to base camp

Walking Hours: 5-6

Elevation: 4920m

Difficulty: Difficult

Accommodation: camping

Topography: Tough inclines, rocky paths,

Highlights: Tilicho lake, stunning views of Himalayas-Tilicho, Nilgiri, Khangsar and Muktinath peaks

Meals Provided: Breakfast, Lunch, Dinner

Day 11: Trek to Yak Kharka

Walking Hours: 5

Elevation: 4040m

Difficulty: Moderate

Accommodation: Basic Teahouse

Topography: Grassy lands, flat trails, valley crossings, dry trail

Highlights: Alpine vegetation of valley, old Khangsar village, rivers- Gumsang, Yak Kharka views-Annapurna III

Meals Provided: Breakfast, Lunch, Dinner

Day 12: Trek to Thorang Phedi

Walking Hours: 4

Elevation: 4420m

Difficulty: Moderate

Accommodation: Basic Teahouse

Topography: narrow tracks, gradual ascends, river crossings, unsteady hill

Highlights: Ledar village, beautiful landscapes, views-Mt. Gundang, Mt. Syagang, Thorung Peak and Mt. Khatungkan

Meals Provided: Breakfast, Lunch, Dinner

Day 13: Thorong Phedi to Muktinath via Thorong La pass

Walking Hours: 7-8

Difficulty: moderate

Accommodation: Basic teahouse

Elevation: 3800m at Muktinath & 5416m on the Thorong La Pass.

Topography: narrow paths, river crossings, uphill rocky paths, steep descends

Highlights: Thorong La Pass, Muktinath a God of Salvation, entire Annapurna range

Meals Provided: Breakfast, Lunch, Dinner

Day 14: Trek to Jomsom

Walking hours: 6

Difficulty: moderate

Accommodation: Basic teahouse

Elevation: 2,715m

Topography: Steep descents, wider trails, long descends

Highlights: Muktinath a God of Salvation, Kagbeni, village laden, views of Dhaulagiri range, meadows, streams

Meals Provided: Breakfast, Lunch, Dinner

Day 15: Fly from Jomsom to Pokhara

Today we take an Early morning flight to Pokhara. The comfortable stay & food is amazing in Pokhara

Flight: 30 minutes

Elevation: 823m

Highlights: Music, souvenir shopping, lakeside view. an array of restaurants, a wide variety of food menus

Accommodation: Pokhara 4 star hotel

Day 16: Fly from Pokhara to Kathmandu

An early morning flight will take you to Kathmandu. On reaching Hotel we will be having farewell dinner together in the evening.

Highlights: Bird's eye view of lake city Pokhara, Towering hills, a glimpse of fishtail mountain

Accommodation: 4-star Hotel in Kathmandu

Breakfast, Lunch & Farewell dinner

Day 17: Departure from Kathmandu

Today as per your flight schedule, our chauffeur will take you to the airport from this amazing country, Nepal