

19 Days Mera Peak Climbing

TRIP OVERVIEW



Trip profile
19 Day Mera Peak Climbing



Cost
USD 3290



Type
Climbing



Trek Days
19 Days



Accommodation
3 star hotel in Kathmandu and Teahouse during trek



Meal
All meals (breakfast, lunch, dinner) included

What's included ?

- Accommodation at 4-star Hotel or similar category in Kathmandu
- All necessary paper work including trekking and climbing permits
- Company services and all required government taxes/royalties
- Domestic flights (as per the itinerary)
- Down jacket, sleeping bag(to be returned after the trek use) Free T-shirt
- Experienced trekking & climbing guide
- Free Trip dossiers & other information in a printable format
- Good quality tents and kitchen utensils for camping
- Kitchen equipments and camping equipments during climbing period
- Medical kit (carried by your guide)
- OPEN & CHOICE: All meals(B,L,D) on trek including tea & coffee
- Professional Sherpa climbing guide
- Signature Accommodations-Best Available in the mountains
- Staff costs including their salary, insurance, equipment, food and accommodation
- Tea House + Camping combined accommodation during trek – as per itinerary
- Two Clients One Porter for trekking Part, one extra Porter for Climbing Part
- Welcome and farewell dinner at finest local restaurant

What's excluded ?

- Excess baggage charges (if you have more than 15 kg luggage, cargo charge is around \$1.5 per kg)

- Extra Guide or Porter
- Extra night accommodation in case of early arrival or late departure
- Hot Shower, Wi-Fi, Power charging during the trekking or mountaineering
- International airfare to and from Kathmandu
- Meals in the city except for breakfast and other mentioned special dinner.
- Nepalese visa fee
- Personal climbing gears
- Personal expenses (phone calls, laundry, bar bills, battery recharge, extra porters, bottle or boiled water, shower, etc.)
- Services not listed in the 'What Is Included' section
- Your travel insurance that covers Helicopter evacuation as well as medical expenses and trip cancellation.

Day 1: Arrival In Kathmandu

We are delighted to provide an airport pickup service as an innovative customer offering, so our chauffeur will assist you with baggage & escort you to your Hotel. He will also help you with the check-in. Later in the evening, we will be hosting a welcome dinner

Highlights: Music, Cultural dance, the lively Thamel, one-stop shop for backpackers, clubs & pubs, an array of restaurants.

Accommodation: Kathmandu 4 star hotel.

Elevation: 1,400 metres

Day 2: Fly to Lukla and Trek to Paiya

Flight: 30 minute

Difficulty: Easy

Accommodation: Basic teahouse

Elevation: 2730m

Topography: forest trail, bridge crossings, gradual inclines

Highlights: Enthralling Lukla flight, Tenzing-Hillary airport in Lukla, Handi Khola, Surke Village, Chutok La pass

Meals provided: Breakfast, Lunch, Dinner

Day 3: Trek from Paiya to Panggom La

Walking hours: 5-6

Difficulty: Moderate

Accommodation: Basic Teahouse

Elevation: 2800m

Topography: steep inclines, narrow trail, farmlands

Highlights: rhododendron & bamboo forests, Dudh Kosi Valley, Panggom Village, Kari La pass

Meals provided: Breakfast, Lunch, Dinner

Day 4: Trek from Panggom to Ningbo

Walking hours: 5-6

Difficulty: Moderate

Accommodation: Basic Teahouse

Elevation: 3672m

Topography: Gradual ascends, Steady path

Highlights: Panggom La pass, Peseng Kharka Khola, Peeng Kharka Danda, Ningbo Khola, Ningbo village

Meals provided: Breakfast, Lunch, Dinner

Day 5: Trek to Bamboo Camp

Walking hours: 5-6

Difficulty: Moderate/Strenuous

Accommodation: Basic Teahouse

Elevation: 3,145m

Topography: zigzag trail, uphill climbs, river crossings

Highlights: Ramailo Danda, Chhatra Khola, Makalu Barun National Park, views- Mera Peak and Salpa.

Meals provided: Breakfast, Lunch, Dinner

Day 6: Trek to Kothe

Walking hours: 6-7

Difficulty: Moderate

Accommodation: Basic Guesthouse

Elevation: 3,691m

Topography: forested lands, gradual descends

Highlights: Majang Khola, Hinku Khola, Tashing Ongma, Sanu Khola

Meals provided: Breakfast, Lunch, Dinner

Day 7: Kothe to Thaknak

Walking hours: 3-4

Difficulty: Moderate

Accommodation: Basic Teahouse

Elevation: 4,358m

Topography: river crossings, uphill climbs

Highlights: lush forests, Hinku Khola, Lungsumgpa Gompa

Meals provided: Breakfast, Lunch, Dinner

Day 8: Acclimatization Day Thaknak

Today is the acclimatization day to prepare ourselves for mera peak climb. Our will make sure all the equipment are set. He will teach some basic climbing techniques to achieve mera peak.

Accommodation: Basic Teahouse

Meals provided: Breakfast, Lunch, Dinner

Day 9: Trek from Thaknak to Khare

Walking hours: 2-3

Difficulty: Moderate

Accommodation: Basic Teahouse

Elevation: 5,045m

Topography: steep inclines, rocky trail, glacier walk

Highlights: Hinku Nup, Shar glaciers, Tsho (Lake Sabai) glacial lake views- Charpate Himal, Northern face of Mera peak

Meals provided: Breakfast, Lunch, Dinner

Day 10: Trek from Khare to Mera La

Walking hours: 4-5

Difficulty: Moderate/Strenuous

Accommodation: Camping

Elevation: 5,554

Topography: rocky patches, snow slopes, glacier walk

Highlights: Views -Mt. Everest, Makalu, Cho Oyu, the south face of Lhotse, Nuptse, Chamlang and Baruntse

Meals provided: Breakfast, Lunch, Dinner

Day 11: Contingency day / Skills refresher

To achieve the Mera summit we need to hit the trail before noon so we take a day off to gear up for next day. The weather is quite stable in the morning which is the right time to scale the summit

Day 12: Mera La to High Camp

Walking hours: 3-4

Difficulty: Strenuous/Difficult

Accommodation: Camping

Elevation: 5,800m

Topography: steep slopes, glacier walks, crossing snow ridge

Highlights: Absolute delight. Views-Mt. Everest (8,848m), Cho-Oyu (8,210m), Lhotse (8,516m), Makalu (8,463m), Kangchenjunga (8,586m), Nuptse (7,855m), Chamlang (7,319m), Baruntse (7, 129m) & many more.

Meals provided: Breakfast, Lunch, Dinner

Day 13: Ascend Mera Peak & Trek to Khare

Today we scale for Mera summit. We start our climb early morning & continue up the glacier onto a peculiar ridge. We take gradual steps & fix ropes whenever required.

Day 14: Trek from Khare to Kothe

Walking hours: 4-5

Difficulty: Moderate/Difficult

Accommodation: Basic Teahouse

Elevation: 3600m

Topography: Steep slopes, icy paths

Highlights: meadows and lush plains, Mountain views

Meals provided: Breakfast, Lunch, Dinner

Day 15: Trek from Khote to Chetera La

Walking hours: 4-5

Difficulty: Moderate

Accommodation: Basic Teahouse

Elevation: 4,150m

Topography: Long descends, River crossings

Highlights: Inkhu River, Taktho, Prayers flags

Meals provided: Breakfast, Lunch, Dinner

Day 16: Chetera La to Lukla via Zatrwa La Pass

Walking hours: 4-5

Difficulty: Moderate/strenuous

Accommodation: Basic Teahouse

Elevation: 4,580m - Zatrwa La Pass & 2840 - Lukla

Topography: Gradual ascends & descends, river crossings, rocky trail

Highlights: Inkhu River, Taktho, Chortens and prayer walls

Meals provided: Breakfast, Lunch, Dinner

Day 17: Fly to Kathmandu

Accommodation: 4-star Hotel

Elevation: 1400m

Highlights: Bird's eye view of forested lands, hills, breathtaking flight

Day 18: Free day at Kathmandu

Highlights: Any 4 World Heritage sites:

Pashupatinath, Boudhanath Stupa, Swayambhunath and Patan Durbar Square, Bhaktapur Durbar Square, Basantapur Durbar Square

Accommodation: 4-star Hotel

Meals Provided: Breakfast, Lunch & Farewell dinner

Day 19: Departure from Kathmandu

Today as per your flight schedule, our chauffeur will take you to the airport from this amazing country, Nepal

