

18 Days Lobuche Peak Climbing

TRIP OVERVIEW



Trip profile
18 Day Lobuche Peak Climbing



Cost
USD 3190



Type
Climbing



Trek Days
18 Days



Accommodation
4 star- Luxury | 3 star hotel- Budget, Teahouse & Camping



Meal
All meals (breakfast, lunch, dinner) included

What's included ?

- Accommodation at 4-star Hotel or similar category in Kathmandu
- Airport pick up & drop off service by a private tourist vehicle
- All necessary paper work including trekking and climbing permits
- An experienced, English-speaking and government-licensed trekking Guide
- Down jacket, duffel bag, t-shirt, and trekking map (down jacket are to be returned after trip completion)
- Experienced English speaking tour guide
- Free Trip dossiers & other information in a printable format
- Medical kit (carried by your guide)
- OPEN & CHOICE: All meals(B,L,D) on trek including tea & coffee
- Private Cooking staff or support staff on a trek
- Professional Sherpa climbing guide
- Sightseeing in Kathmandu Based on your picks (Any 4), with entrance fees by private vehicle
- Signature Accommodations-Best Available in the mountains
- Tea House + Camping combined accommodation during trek – as per itinerary
- Welcome and farewell dinner at finest local restaurant

What's excluded ?

- Excess baggage charges (if you have more than 15 kg luggage, cargo charge is around \$1.5 per kg)
- Hot Shower, Wi-Fi, Power charging during the trekking or mountaineering
- International airfare to and from Kathmandu

- Nepalese visa fee
- Optional trips and sightseeing if extended
- Personal climbing gears
- Personal expenses (phone calls, laundry, bar bills, battery recharge, extra porters, bottle or boiled water, shower, etc.)
- Tipping to staffs (as an appreciation)
- Your travel insurance that covers Helicopter evacuation as well as medical expenses and trip cancellation.

Day 1: Arrive at Kathmandu and transfer to Hotel

We are delighted to provide an airport pickup service as an innovative customer offering, so our chauffeur will assist you with baggage & escort you to your Hotel. He will also help you with the check-in. Later in the evening, we will be hosting a welcome dinner

Highlights: Music, Cultural dance, the lively Thamel, one-stop shop for backpackers, clubs & pubs, an array of restaurants.

Accommodation: Kathmandu 4 star hotel

Elevation: 1,400 metres

Day 2: Kathmandu valley sightseeing

Pashupatinath, Boudhanath Stupa, Swayambhunath and Patan Durbar Square, Bhaktapur Durbar Square, Basantapur Durbar Square

Accommodation: 4-star Hotel

Meals Provided: Breakfast, Lunch & Farewell dinner

Day 3: Fly from Kathmandu to Lukla & Trek to Phakding

Airport transfer: 20 minutes drive

Flight Kathmandu to Lukla: 30 minutes

Trek Lukla to Phakding: 3 - 4 hours, Elevation: 2,610 m

Accommodation: Basic Teahouse

Meals Provided: Breakfast, Lunch, Dinner

Difficulty: Easy

Highlights: Enthralling flight to Lukla, old Gumela/Rimishung Monastery, prayer flags, Buddhist shrines, prayer flags & traditional Sherpa peoples.

Day 4: Trek from Phakding to Namche Bazaar

Walking Hours: 5-6 hours

Difficulty: Moderate

Accommodation: Basic Teahouse.

Elevation: 3,440 m

Topography: Uphill ascends, Stones steps, Steep Inclines

Highlights: Suspension bridge, Dudh Koshi river, Yak herds, Traditional food Tsampa, Prayer wheels

Meals Provided: Breakfast, Lunch, Dinner

Day 5: Rest/acclimatize day in Namche Bazaar

Difficulty: Easy

Accommodation: Basic Teahouse

Elevation: 3962m

Topography: Grassy, Flat tracks

Highlights: Nauche Monastery, Khumjung, Sagarmatha National Park, Sherpa Culture Museum, Khumjung Edmund Hillary School, views- Everest, Lhotse, Lhotse Shar, Lobuche Peak and Ama Dablam.

Meals Provided: Breakfast, Lunch, Dinner

Day 6: Trek from Namche Bazaar to Tengboche

Walking Hours: 5

Difficulty: Moderate

Accommodation: Basic Teahouse

Elevation: 3,860 m

Topography: Steep inclines, short descends

Highlights: Tengboche monastery, magnificent panoramic views from Tengboche

Meals Provided: Breakfast, Lunch, Dinner

Day 7: Trek from Tengboche to Dingboche

Walking Hours: 5

Difficulty: Moderate

Accommodation: Basic Teahouse

Elevation: 4360m

Topography: Stone steps, Uphill tracks

Highlights: Pangboche Gompa, Beyul(hidden valleys of Himalaya), Imja Khola, mani walls, views-Lhotse, Island Peak, Ama Dablam, Kangtega, Thamserku

Meals Provided: Breakfast, Lunch, Dinner

Day 8: Rest Day in Dingboche & Hike up to Dingboche Ri (5000m)

Walking hours: 2

Difficulty: Easy

Accommodation: Basic Teahouse

Elevation: 5000m

Topography: mossy, rolling hills

Highlights: views-Ama Dablam, Zholotse, Tabuche, freshly baked apple pie

Meals provided: Breakfast, Lunch, Dinner

Day 9: Trek from Dingboche to Chukhung

Walking Hours: 4

Difficulty: Easy

Accommodation: Basic Teahouse

Elevation: 4750m

Topography: Stone steps, Rocky, gradual inclines, pass by river banks

Highlights: the Best perspective of Island Peak, Ama Dablam, Lhotse, Lhotse Shar.

Meals Provided: Breakfast, Lunch, Dinner

Day 10: Trek to Lobuche East Base Camp via Kongma La Pass

Walking hours: 8-9

Difficulty: Strenuous/difficult

Accommodation: Camping

Elevation: Lobuche Base Camp (4,950m) & Kongma La Pass (5,535m)

Topography: steep trail, Streamside path, glacier walks

Highlights: crossing Kongma La, Everest-Khumbu Valley, views- Mt Lobuje East

Meals provided: Breakfast, Lunch, Dinner

Day 11: Acclimatization day at Lobuche East Base Camp

Today is a rest day to get acclimatized with the altitude. In case of bad weather, one spare day could be very helpful while scaling Lobuche peak. Our guide will fix the ropes & ensure all equipment are set.

Day 12: Climb to Lobuche High Camp

Walking hours: 4-5

Difficulty: Strenuous/Difficult

Accommodation: Camping

Elevation: 5400m

Topography: rocky moraine, gradual inclines, steep ascends

Highlights: Best close up views of Everest and Nuptse

Meals provided: Breakfast, Lunch, Dinner

Day 13: Summit Lobuche East & return to Lobuche East Base Camp

Walking hours: 9-10

Difficulty: Strenuous/Difficult

Accommodation: Camping

Elevation: 6119m

Topography: straight forward route, ice climb

Highlights: Views- views of Everest, Lhotse, Nuptse, Ama Dablam, Cholatse, Pumori

Meals provided: Breakfast, Lunch Dinner

Day 14: Trek to Pangboche

Walking hours: 5-6

Difficulty: Moderate

Accommodation: Basic Teahouse

Elevation: 3930m

Topography: Gradual descends, wide valley

Highlights: Sherpa villages Orsho and Shomare, Khumbu Khola, Views-AmaDablam, Thamserku, and Kangtaiga

Meals provided: Breakfast, Lunch Dinner

Day 15: Trek from Pangboche to Namche Bazaar

Walking hours: 5-6

Difficulty: Moderate

Accommodation: Basic Teahouse

Elevation: 3,440 m

Topography: Rocky trails, Grasslands

Highlights: Sherpa town, local Souvenirs

Meals provided: Breakfast, Lunch Dinner

Day 16: Trek from Namche Bazaar to Lukla

Walking Hours: 7

Difficulty: moderate

Accommodation: Basic Teahouse

Elevation: 2840m

Topography: downhill descends, walk by river banks

Highlights: Khumbu region, thick forests, species of birds, mountain views, views- Everest, Nuptse, Changtse

Meals Provided: Breakfast, Lunch, Dinner

Day 17: Fly from Lukla back to Kathmandu

Flight Lukla to Kathmandu: 30 minutes

Accommodation: 4-star Hotel

Elevation: 1400m

Highlights: Bird's eye view of forested lands, hills, breathtaking flight

Meals Provided: Breakfast, Lunch & Farewell dinner

Day 18: Transfer to International Airport for Departure

Today as per your flight schedule, our chauffeur will take you to the airport from this amazing country, Nepal?

