

21 Days Everest Base Camp Trek via Jiri

TRIP OVERVIEW



Trip profile
21 Day Everest Base Camp Trek via Jiri



Cost
USD 2855



Type
Trekking



Trek Days
21 Days



Accommodation
3 star hotel in Kathmandu and Teahouse during trek



Meal
All meals (breakfast, lunch, dinner) included

What's included ?

- Accommodation at 4-star Hotel or similar category in Kathmandu
- All ground transportation on a comfortable private vehicle as per the itinerary
- All internal flights and domestic hotel/airport transfers
- All necessary paperwork and trekking permits (National Park Permit, TIMS)
- An experienced, English-speaking local leader
- Down jacket, sleeping bag(to be returned after the trek use) Free T-shirt
- Free Trip dossiers & other information in a printable format
- Kathmandu airport transfers and escorts
- OPEN & CHOICE: All meals(B,L,D) on trek including tea & coffee
- Porter service (2 trekkers: 1 porter)
- Sherpa/porters properly insured and equipped
- Sightseeing in Kathmandu Based on your picks (Any 4), with entrance fees by private vehicle
- Signature Accommodations-Best Available in the mountains
- Staff costs including their salary, insurance, equipment, domestic airfare, food and accommodation
- Welcome and farewell dinner at finest local restaurant

What's excluded ?

- Hot Shower, Wi-Fi, Power charging during the trekking or mountaineering
- International airfare to and from Kathmandu
- Nepalese visa fee

- Optional trips and sightseeing if extended
- Tips of a guide, porters, and driver as a token of appreciation.
- Travel and rescue insurance

Day 1: Arrival day in Kathmandu

We are delighted to provide an airport pickup service as an innovative customer offering, so our chauffeur will assist you with baggage & escort you to your Hotel. He will also help you with the check-in. Later in the evening, we will be hosting a welcome dinner

Highlights: Music, Cultural dance, the lively Thamel, one-stop shop for backpackers, clubs & pubs, an array of restaurants.

Accommodation: Kathmandu 4 star hotel

Elevation: 1,400 metres (4,600 feet)

Day 2: Drive from Kathmandu to Jiri

Hours of driving: 7

Difficulty: Easy

Elevation: 1955m at Jiri & 2190m at Bhandar

Accommodation: Basic Teahouse.

Topography: downhill & uphill trails, countryside paths

Highlights: countryside scenery, Sherpa village, Buddhist monuments, terraced fields

Meals Provided: Breakfast, Lunch, Dinner

Day 3: Trek to Sete

Walking Hours: 6

Difficulty: Easy/moderate

Accommodation: Basic Teahouse.

Elevation: 2645m at Sete, 1630m at Kinja

Topography: forested lands, narrow paths

Highlights: Rhododendron forests, Terraced hills, approaching mountains, Traditional houses, farmers, agriculture lands

Meals Provided: Breakfast, Lunch, Dinner

Day 4: Trek to Junbesi

Walking Hours: 4

Difficulty: Easy/moderate

Accommodation: Basic Teahouse.

Elevation: 2675m at Junbensi & 3530m at Lamjura Bhanjyang

Topography: Stone steps, dirt tracks, uphill & downhill trails

Highlights: terraced hills, farmland, traditional villages

Meals Provided: Breakfast, Lunch, Dinner

Day 5: Trek to Nunthala

Walking Hours: 6

Difficulty: Moderate

Accommodation: Basic Teahouse.

Elevation: 2440m at Nunthala & 3071m at Taksindhu.

Topography: steep ascents, dirt, rocky tracks & stone steps.

Highlights: traditional villages, ringmo Khola, local hospitality,
views- Mount Everest & the surrounding snow-capped peaks.

Meals Provided: Breakfast, Lunch, Dinner

Day 6: Trek to Kharikhola

Walking Hours: 5

Difficulty: Moderate

Accommodation: Basic Teahouse.

Elevation: 2200m

Topography: Gradual ascends & descends riverbank paths, flat trails

Highlights: Green hills, rivers, Himalayan views, farmlands, Pangboche gumpa, ijma Khola
views- Mount Everest & the surrounding snow-capped peaks.

Meals Provided: Breakfast, Lunch, Dinner

Day 7: Trek to Puiyan

Walking Hours: 6

Difficulty: Moderate to difficult

Accommodation: Basic Teahouse

Elevation: 2940m

Topography: Dirt & rocky tracks, steep inclines

Highlights: Khari La Pass, Khari Khola River, Dudh Koshi river

Meals Provided: Breakfast, Lunch, Dinner

Day 8: Trek to Phakding

Walking Hours: 6

Difficulty: Moderate

Accommodation: Basic Teahouse

Elevation: 2646m

Topography: Dirt tracks, rocky climb

Highlights: Himalayan views, Green Hills, Traditional houses,

Meals Provided: Breakfast, Lunch, Dinner

Day 9: Trek to Namche Bazaar

Walking Hours: 5-6 hours

Difficulty: Moderate.

Accommodation: Basic Teahouse.

Elevation: 3,440 m

Topography: Uphill ascends, Stones steps, Steep Inclines

Highlights: Suspension bridge, Dudh Koshi river, Yak herds, Traditional food Tsampa, Prayer wheels

Meals Provided: Breakfast, Lunch, Dinner

Day 10: Khumjung Village and back to Namche Bazaar

Walking Hours: 4 hours

Difficulty: Easy/Moderate.

Accommodation: Basic Teahouse

Elevation: 3,962 m

Topography: Steep inclines, flat tracks, grassy trails, Hills

Highlights: Everest view, Khumjung Edmund Hillary School, Sherpa museum, local souvenir. Views -Everest, Lhotse, Lhotse Shar, Taboche Peak and Ama Dablam.

Meals Provided: Breakfast, Lunch, Dinner

Day 11: Trek to Tengboche

Walking Hours: 5

Difficulty: Moderate

Accommodation: Basic Teahouse

Elevation: 3,860 m

Topography: Steep inclines, short descends

Highlights: Tengboche monastery, magnificent panoramic views from Tengboche

Meals Provided: Breakfast, Lunch, Dinner

Day 12: Trek to Dingboche

Walking Hours: 5

Difficulty: Moderate

Accommodation: Basic Teahouse

Elevation: 4360m

Topography: Stone steps, Uphill tracks

Highlights: Pangboche Gumpa, beyul(hidden valleys of Himalaya), Imja Khola, mani walls, views-Lhotse, Island Peak, Ama Dablam, Kangtega, Thamserku

Meals Provided: Breakfast, Lunch, Dinner

Day 13: Trek to Lobuche (4,940 mt.)

Walking Hours: 8

Difficulty: Difficult/strenuous

Accommodation: Basic Teahouse.

Elevation: 5535m on the pass

Topography: steep Uphill & downhill trails, snow tracks, glacial paths

Highlights: Khumbu glacier, High pass, Yak pastures, Mountain lakes, views-Ama Dablam, Baruntse, Island Peak, Lhotse Lhotse Shar, Thamserku, Cholatse and Taboche.

Meals Provided: Breakfast, Lunch, Dinner

Day 14: Trek to Gorak Shep & Everest Base Camp

Walking Hours: 8

Difficulty: Difficult

Accommodation: Basic Teahouse

Elevation: 5300m at Base Camp & 5170m at Gorak Shep

Topography: flat tracks, ridge tracks, rocky, uphill climbs

Highlights: Base camp, sunset views from Gorak Shep, views- Everest, Nuptse, Changtse

Meals Provided: Breakfast, Lunch, Dinner

Day 15: Trek to Kala Patthar (5643 mt.) & Pheriche

Walking Hours: 7

Difficulty: Strenuous

Accommodation: Basic Teahouse.

Elevation: 5545m at Kala Patthar & 4270m at Pheriche.

Topography: Rocky climb, Steep Inclines, Frozen paths

Highlights: Base camp, sunrise Kala Patthar, Changri Shar glacier, views- Everest, Nuptse, Changtse

Meals Provided: Breakfast, Lunch, Dinner

Day 16: Trek to Phortse

Walking Hours: 5

Difficulty: easy/moderate

Accommodation: Basic Teahouse.

Elevation: 3810m

Topography: flat trails, downhill descends

Highlights: lush greenery, village-Pangboche, sherpa settlements

Meals Provided: Breakfast, Lunch, Dinner

Accommodation: Basic Teahouse.

Day 17: Trek to Namche Bazaar

Walking Hours: 5

Difficulty: Moderate

Accommodation: Basic Teahouse

Elevation: 3820m

Topography: Stone steps, steep descends

Highlights: local sherpas, an array of restaurants, a wide variety of food menus, pine forest, traditional houses, mountain goats, Bhotekoshi river valley, views-Kwangde, Thamserku

Meals Provided: Breakfast, Lunch, Dinner

Day 18: Trek to Lukla

Walking Hours: 7

Difficulty: Moderate

Accommodation: Basic Teahouse

Elevation: 2840m

Topography: river banks trails, Stone steps, steep descends

Highlights: forested lands, Khumbu region

Meals Provided: Breakfast, Lunch, Dinner

Day 19: Fly back to Kathmandu

Walking Hours: No walking hours

Difficulty: easy

Accommodation: 4-star Hotel

Elevation: 1400m

Highlights: Bird's eye view of forested lands, hills, breathtaking flight

Meals Provided: Breakfast, Lunch, Dinner

Day 20: Sightseeing in Kathmandu

Highlights: Any 4 World Heritage sites:

Pashupatinath, Boudhanath Stupa, Swayambhunath and Patan Durbar Square, Bhaktapur Durbar Square, Basantapur Durbar Square

Accommodation: 4-star Hotel

Meals Provided: Breakfast, Lunch & Farewell dinner

Day 21: Departure from Kathmandu

Today as per your flight schedule, our chauffeur will take you to the airport from this amazing country, Nepal

