

19 Days Annapurna Circuit Trek

TRIP OVERVIEW



Trip profile
19 Day Annapurna Circuit Trek



Cost
USD 2490



Type
Trekking



Trek Days
19 Days



Accommodation
4-star hotel in city area and Teahouse during trek



Meal
All meals (breakfast, lunch, dinner) included

What's included ?

- 4-star or equivalent hotel accommodation in Kathmandu and Pokhara
- Airport pick up & drop off service by a private tourist vehicle
- All ground transportation on a comfortable private vehicle as per the itinerary
- All necessary paper work(s) and permit(s)
- An experienced, English-speaking and government-licensed trekking Guide
- Down jacket, sleeping bag(to be returned after the trek use) Free T-shirt
- Free Trip dossiers & other information in a printable format
- General first aid kits
- OPEN & CHOICE: All meals(B,L,D) on trek including tea & coffee
- Sightseeing in Kathmandu Based on your picks (Any 4), with entrance fees by private vehicle
- Signature Accommodations-Best Available in the mountains
- Staff costs including their salary, insurance, equipment, food and accommodation
- Teahouse accommodation during the trek
- Welcome and farewell dinner at finest local restaurant

What's excluded ?

- Extra night accommodation in case of early arrival or late departure
- International airfare to and from Kathmandu
- Nepalese visa fee
- Optional trips and sightseeing if extended

- Personal expenses (phone calls, laundry, bar bills, battery recharge, extra porters, bottle or boiled water, shower, etc.)
- Services not listed in the 'What Is Included' section
- Tipping to staffs (as an appreciation)
- Your travel insurance that covers Helicopter evacuation as well as medical expenses and trip cancellation.

Day 1: Arrival Kathmandu

We are delighted to provide an airport pickup service as an innovative customer offering, so our chauffeur will assist you with baggage & escort you to your Hotel. He will also help you with the check-in. Later in the evening, we will be hosting a welcome dinner

Highlights: Music, Cultural dance, the lively Thamel, one-stop shop for backpackers, clubs & pubs, an array of restaurants.

Accommodation: 4-star hotel

Elevation: 1,400 metres (4,600 feet)

Day 2: Sightseeing Tour in Kathmandu Valley

Highlights: Any 4 World Heritage sites:

Pashupatinath, Boudhanath Stupa, Swayambhunath and Patan Durbar Square, Bhaktapur Durbar Square, Basantapur Durbar Square

Accommodation: 4-star Hotel

Day 3: Early morning drive to Bhulbhule

Driving Hours: 6-7 in a private vehicle

Difficulty: Easy

Accommodation: Basic teahouse

Elevation: 840m

Topography: Farmlands, villages

Highlights: suspension bridge, river streams, small villages, views-Lamjung Himal, Manaslu, Peak 29

Meals Provided: Breakfast, Lunch, Dinner

Day 4: Trek to Jagat

Walking Hours: 5

Difficulty: moderate

Accommodation: Basic teahouse

Elevation: 1300m

Topography: zigzag trails, short descend, riverside paths, rocky way to Jagat

Highlights: stony Jagat village, Gurung hospitality, Marsyangdi valley

Meals Provided: Breakfast, Lunch, Dinner

Day 5: Trek from Jagat to Dharapani

Walking Hours: 7-8

Difficulty: moderate

Accommodation: Basic teahouse

Elevation: 1960m

Topography: shady forests paths, steep rocky trails, short descends

Highlights: sun-dappled forests, streams, waterfalls, rivers, suspension bridges,

Meals Provided: Breakfast, Lunch, Dinner

Day 6: Trek to Chame (District Headquarter of Manang)

Walking Hours: 5

Difficulty: moderate

Accommodation: Basic teahouse

Elevation: 2710m

Topography: steep inclines, forested lands, rocky trails.

Highlights: apple orchards, pine forests, Dudh Khola, traditional village koto, mani walls, prayer wheels

Meals Provided: Breakfast, Lunch, Dinner

Day 7: Trek to Upper Pisang

Walking Hours: 5-6

Difficulty: moderate

Accommodation: Basic teahouse

Elevation: 3,300m

Topography: narrow gorge, steep slopes, Forested paths, riverbank trails.

Highlights: U – shaped Manang Valley, waterfall, river valley, Pisang Peak, Lamjung Himal and Annapurna II.

Meals Provided: Breakfast, Lunch, Dinner

Day 8: Trek to Manang Village

Walking Hours: 5-6

Difficulty: moderate/difficult

Accommodation: Basic teahouse

Elevation: 3,540m

Topography: steep inclines, rocky paths

Highlights: the Annapurna range, traditional villages, Gurung hospitality, Manang village,

Meals Provided: Breakfast, Lunch, Dinner

Day 9: Rest Day explore Manang village

Walking Hours: 5

Difficulty: moderate/difficult

Accommodation: Basic teahouse

Elevation: 3,450m

Topography: steep inclines, rocky paths

Highlights: the Annapurna range, traditional villages, Gurung hospitality, Manang village,

Meals Provided: Breakfast, Lunch, Dinner

Day 10: Manang to Yak Kharka

Walking Hours: 4

Difficulty: moderate/difficult

Accommodation: Basic teahouse

Elevation: 4110m

Topography: steep inclines, rocky paths, hilly terrain, quick descents

Highlights: Traditional houses, local Buddhist monastery, beautiful lake, mountain views

Meals Provided: Breakfast, Lunch, Dinner

Day 11: Trek to Thorong Phedi

Walking Hours: 4

Difficulty: moderate/difficult

Accommodation: Basic teahouse

Elevation: 4600m

Topography: narrow tracks, gradual ascends, river crossings, unsteady hill

Highlights: Marsyangdi River, mountain views, stunning scenery

Meals Provided: Breakfast, Lunch, Dinner

Day 12: Thorong Phedi to Muktinath via Thorong La pass

Walking Hours: 7-8

Difficulty: moderate

Accommodation: Basic teahouse

Elevation: 3800m at Muktinath & 5416m on the Thorong La Pass.

Topography: narrow paths, river crossings, uphill rocky paths, steep descends

Highlights: Thorong La Pass, Muktinath a God of Salvation, entire Annapurna range

Meals Provided: Breakfast, Lunch, Dinner

Day 13: Trek from Muktinath to Marpha

Walking Hours: 4-5

Difficulty: moderate

Accommodation: Basic teahouse

Elevation: 2670m

Topography: Steep descents, well-defined trekking paths.

Highlights: world's deepest gorge-Kali Gandaki, Kagbeni, Apple Brandy

Meals Provided: Breakfast, Lunch, Dinner

Day 14: Trek to Kalopani

Walking Hours: 5-6

Difficulty: moderate

Accommodation: Basic teahouse

Elevation: 2530m

Topography: countryside paths, deep and wild canyon of Kali Gandaki

Highlights: waterfalls, views of Dhaulagiri and Nilgiri, Lete Khola, the canyon of Kali Gandaki

Meals Provided: Breakfast, Lunch, Dinner

Day 15: Trek to Tatopani

Walking Hours: 6-7

Difficulty: moderate

Accommodation: Basic teahouse

Elevation: 1200m

Topography: flat trails, stone steps, downhill descends

Highlights: subtropical woodlands, hot springs of Tatopani, Rupsa waterfall and Dana.

Meals Provided: Breakfast, Lunch, Dinner

Day 16: Trek to Ghorepani

Walking Hours: 7-8

Difficulty: moderate

Accommodation: Basic teahouse

Elevation: 2850m

Topography: 60-degree incline up, forested lands,

Highlights: dense rhododendron forest, stunning sunrise view, views of Annapurna South, Gangapurna

Meals Provided: Breakfast, Lunch, Dinner

Day 17: Hike to Poon Hill and head to Pokhara

Walking Hours: 6-7

Difficulty: moderate

Accommodation: Basic teahouse

Elevation: 827 m

Topography: steep descent, wide trails, farmlands

Highlights: views-Annapurna South, Fishtail and Mt. Hiunchuli

Meals Provided: Breakfast, Lunch, Dinner

Day 18: Fly to Kathmandu

Flight Pokhara to Kathmandu: 25 minutes

Accommodation: 4-star Hotel

Elevation: 827m

Highlights: Bird's eye view of Green hills, breathtaking flight

Meals Provided: Breakfast, Lunch & Farewell dinner

Day 19: Departure

Today as per your flight schedule, our chauffeur will take you to the airport from this amazing country, Nepal